



DAILY CHECKLIST FOR MUSIC STUDENTS

Considerations for In-Person Lessons

1 HEALTH SCREENING

Do you have a new cough, sore throat, runny or stuffy nose, fever, aches, difficulty breathing or general fatigue that is unrelated to a previous condition?

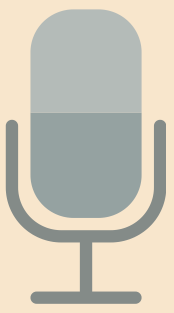
Have you traveled recently or been in contact with someone with COVID-19?



Only attend your lesson if you are well and answered NO to all these questions.

[HTTPS://MYHEALTH.ALBERTA.CA/JOURNEY/COVID-19/PAGES/COVID-SELF-ASSESSMENT.ASPX](https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx)

2 PREPARING FOR YOUR LESSON



Only bring what you need for your lesson.

Leave extra materials in the car or at home.

Try to touch as few things as possible.

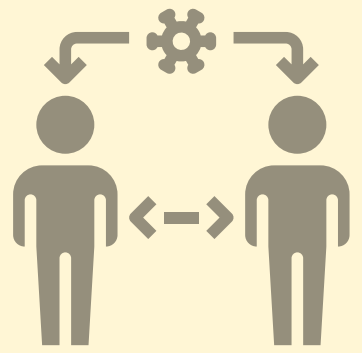
3

PHYSICAL DISTANCING

Keep 2m apart.

Give your teacher a wave instead of a hug.

Parents and siblings should wait in the car if possible.



4

HAND HYGIENE AND RESPIRATORY ETIQUETTE



Wash your hands for 20 seconds with soap or use hand sanitizer BEFORE, DURING and AFTER the lesson.

Cough or sneeze into your elbow even if wearing a mask.

5

WEAR A MASK

Wearing a mask protects you and your teacher.



ADDITIONAL FOR MY INSTRUMENT...