

# Volunteer Opportunities

# Develop new skills, contribute, and make a difference: Become an Executive Committee Convener

Since its creation, members of the Calgary Branch of ARMTA volunteer and share their time, experience, creativity, and knowledge as conveners and officers of the Executive Committee, so all of us benefit from programs and services we could not have access to on our own. We have been experiencing a shortage of members willing to volunteer over the past several years. The Executive Committee may have to stop offering some of the programs and services you get as Calgary Branch member should we are not able to fill the currently vacant convener positions soon. Consider volunteering for any of the positions described below.

IMPROMPTU EDITOR: The editor is an ARMTA member who will be responsible for gathering the content for two newsletters per year (September and February). The editor may ask members to write articles, or obtain articles from other pertinent sources. The editor will work with members of the executive committee to ensure necessary information is included such as announcements, recitals, or upcoming events. The editor will submit articles to the Virtual Assistant for the graphic design and layout of the newsletter. The editor, along with the president will proofread the newsletter before printing. The editor is responsible for preparing a report for the Annual General Meeting and will be required to review the editor's job description annually (January) and make changes as necessary. Please contact kiernans@shaw.ca if you are interested in the editor position.

**WORKSHOP CONVENOR:** The workshop convenor is an ARMTA member who develops ideas for workshops, or gathers ideas from ARMTA Executive Committee. Workshops could include any of the following: Teacher Talks, Presentations, Masterclasses, Guest Clinicians, or any other professional/student development opportunity. The convenor will arrange transportation and/or accommodation for out of town clinicians and promote the event by working with the email convenor and the webmaster. The convenor will submit a budget request each year (February) and work within the approved budget. The convenor is responsible for preparing a report for the Annual General Meeting and will be required to review the position annually (January) and make changes as necessary. Please contact kiernans@ shaw.ca if you are interested in the workshop convenor position.

**PROMOTIONS CONVENOR:** The promotions convenor is an ARMTA member who will develop content for print and other materials for distribution, as well as develop content for the branch website and our online presence. The convenor will develop a plan to promote ARMTA, determining the focus of promotion efforts (potential students or potential members). The convenor may work with the virtual assistant, the webmaster, and other convenors where there is a possibility to promote our association. The convenor will submit a budget request each year (February) and work within the approved budget. The convenor is responsible for preparing a report for the Annual General Meeting and will be required to review the position annually (January) and make changes as necessary. Please contact kiernans@shaw.ca if you are interested in the promotions convenor position.

CATERING: This is a shared position and we are seeking an ARMTA member to join our current convenor. The catering convenors will provide light refreshments and beverages for all ARMTA Calgary events & general meetings, and send invoices from all related purchases to the Treasurer for reimbursement. They are responsible for submitting a budget request annually (February). The convenors are responsible for preparing a report for the Annual General Meeting and will be required to review the position annually (January) and make changes as necessary. Please contact kiernans@ shaw.ca if you are interested in the catering convenor position.



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ARMTA would like to thank the following advertisers for their support:

<b>Music for Young Children</b>		
Yamaha	<b>P.5</b>	
<b>Bearspaw School of Music &amp; Art</b>	<b>P.8</b>	
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Music Makers	P.15	
V.A Hill Fine Strings Ltd.		
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#### **ARMTA**

### **IMPROMPTU**

#### **PUBLICATION INFORMATION**

Advertising and Submission Deadlines:

#### **WINTER ISSUE:**

Deadline: January 15 Publication: February 15

#### **SPRING ISSUE:**

Deadline: January 15 Publication: February 15

Impromptu is the newsletter of ARMTA Calgary branch with the purpose of informing members of events of interest, providing summaries of Calgary meetings, and encouraging and supporting professional development through member-written articles.

#### **CONTACT:**

## Advertising inquiries:

Jackie Law

Email: jcklaw518@gmail.com

#### Web Coordinator:

Lindsay Inkster

Email: Lindsay@pianocatmusic.ca

## President's Message

s I am prepping my studio to welcome students back to lessons in September, I am clearing out old papers and and materials I no longer need. I have come across quite a few leaflets for workshops I have attended here in Calgary over the last two years and it makes me very appreciative that we have organizations like ARMTA that make workshops, lectures, and concerts available to teachers in addition to collaborating with other organizations to deliver programs to teachers and students. It is gratifying to know that there are many members who contribute their time, talent, and effort to provide teachers with these wonderful opportunities. It is a little bit disheartening to see fewer and fewer members who are able to become involved with our organization and to see so many positions remain vacant. We are an organization devoted to providing high quality music education to students and to promote professional development for our teachers and we rely on member volunteers to accomplish our mission.

So as we head back to a fresh year of teaching, I would also ask that you consider becoming more involved and active in ARMTA so we can continue to support students and teachers in Calgary.

Please mark your calendars for Monday October 15th and come out to the General Meeting to meet some of the other ARMTA members, network, and find out what is happening in your organization.

Happy Teaching,

Lisa Kiernan President, ARMTA Calgary branch



ARMTA Calgary Executive Committee 2017-2018

#### ARMTA CALGARY GENERAL MEETING

October 15, 2018 9:20 a.m. Breakfast & Guest Speaker David Ogden from "Take a Stand"

First Church of the Nazarene 65 Richard Way, SW

Please plan to attend your GM this October and learn about the happenings within the branch!

For more information, contact Lisa Kiernan kiernans@shaw.ca



#### Calendar of Events DATE **EVENT & PLACE CONTACT** Lisa Kiernan September 17 ARMTA Calgary Executive Meeting, First Church of the Nazarene, 65 Richard Way SW, Calgary AB 9:30 a.m. October 15 ARMTA Calgary GM, First Church of the Nazarene, 65 Lisa Kiernan Richard Way SW, Calgary AB 9:30 a.m. November 17 South Student Recital, Steinway Piano Gallery, 76 Carol Moore Heritage Gate, SE Calgary 12:00 -2:30 p.m. November 19 ARMTA Calgary Executive Meeting. Lisa Kiernan First Church of the Nazarene. 65 Richard Way SW, Calgary AB 9:30 a.m. Contemporary Showcase November 22-24 Katrina Thompson Frost November 24 North Student Recital, St. David's United Church, 3303 Rita Thurn Capitol Hill Crescent NW, Calgary 2:00 p.m. November 30 Contemporary Showcase Gala Katrina Thompson Frost South Student Recital, Steinway Piano Gallery, Carol Moore January 12 76 Heritage Gate, SE Calgary 12:00 -2:30 p.m. ARMTA Calgary Executive Meeting, Lisa Kiernan January 21 First Church of the Nazarene, 65 Richard Way SW, Calgary AB 9:30 a.m. Honours Recital, Temple B'Nai Tikvah, 900 47th Av-February 2 Lisa Kiernan enue SW February 9 Outstanding Student Rectial, St. David's United Ron Proctor Church, 3303 Capitol Hill Crescent NW, Calgary 2:00 p.m. Fecruary 23 North Student Recital, St. David's United Church, 3303 Rita Thurn Capitol Hill Crescent NW, Calgary 2:00 p.m.

Executive members' contact information is available in the members only"area at www. armta-calgary.com

#### **HONOURS RECITAL**

## SATURDAY FEBRUARY 2, 2019 3:00 PM

# TEMPLE B'NAI TIKVAH 900 47<sup>TH</sup> AVENUE SW

The Calgary Branch of the Alberta Registered Music Teachers' Association recognizes the achievement of students in three ways:

- 1) Honours Recital: This is a recital and scholarship presentation. Scholarships are given to students with the highest marks in their category. Winners of scholarships perform at the Honours Recital.
- 2) Outstanding Student Recital: This is a recital for those applicants to the Honours Recital who did not win a scholarship but their level of achievement is deserving of recognition. A jury panel will award scholarships at the end of this recital.
- 3) Graduate Ceremony: Held as part of the Honours Recital, this is a ceremony to acknowledge a student's culmination of music studies with the granting of a music diploma. A Certificate and letter are given to the graduates.

Students will first be considered for the Honours Recital; those students not selected to perform at the Honours Recital will automatically be selected to perform at the Outstanding Student Recital to be held Saturday February 9, 2019 at St. David's United Church (4:00 pm). Please note that students must apply for the Honours Recital in order to be considered to play at the Outstanding Student Recital.

Honours Recital Application Deadline: Midnight Thursday November 1st 2018

Please carefully read the documentation requirements, application process, and the rules and regulations on the following pages for detailed information on how to apply.

#### **HOW TO APPLY:**

- 1. Gather the required documents: Practical examination marks, co-requisite theory examination marks (Level 5 and above), signed photo release.
- 2. Fill in the online application form. There is only one application form for both recitals and includes all grades, theory scholarships, and graduate ceremony.

The link to the online application form will open on September 1, 2018. Once the application is submitted, the teacher will receive an email confirming form submission. Please contact Lisa Kiernan and Nicole Sun at <a href="mailto:armtahonoursrecital@gmail.com">armtahonoursrecital@gmail.com</a> with any questions regarding the application form.

https://form.jotform.com/82187249432259

3. **Provide Practical marks** – all levels/ grades.

Hard copies or electronic files of student practical marks must be provided in addition to the online application by the deadline midnight Thursday November 1, 2018.

Documentation can be submitted by using one of the following methods:

a) Email attachment (scanned image of the official exam results) sent to <u>arm-tahonoursrecital@gmail.com</u>. Subject line should read "Student Name documentation level"

Or

b) Send via Canada Post (must be received on or before midnight Thursday November 1, 2018) to Lisa

- Kiernan,251 Hawkmere View Chestermere AB T1X 1T7
- 4. Provide Theory Co-requisite documentation Level 5 and above, and/or Advanced Theory mark documentation.
  - \*\*\* Levels 8 and 9 must have theory co-requisites completed within 2 years of the corresponding practical examination.
  - \*\*\* Level 10 and ARCT/Diploma must have theory co-requisites completed within 3 years of the corresponding practical examination.

Hard copies or electronic files of student co-requisite theory marks must be provided in addition to the online application and practical mark documentation by the deadline midnight Thursday November 1, 2018.

Documentiation can be submitted by using the methods previously mentioned for step 3.

5. Graduate Ceremony – Teachers of recently graduated students (RCM, CC, LCM etc.) may submit a scanned copy of the diploma earned. Practical and corequisite theory marks can be submitted in lieu of the diploma. Applicants for the graduate ceremony are not required to perform in the recital.



#### **RULES AND REGULATIONS:**

Please read the rules and regulations carefully. You will be asked in the online application form to agree that you have read the rules and regulations. By submitting an applicant you agree to abide by these rules and the decisions of the committee responsible for the organization of the recitals.

- 1. Teachers may submit applications for students who earned a minimum of 85% on practical examinations from January 1, 2018 to August 31, 2018 and have completed the co-requisite theory requirements. Levels 8 and 9 must have theory co-requisites completed within 2 years of the corresponding practical examination and Level 10 and ARCT/Diploma must have theory co-requisites completed within 3 years of the corresponding practical examination.
- 2. The application deadline for the Honours Recital/Outstanding Student Recital is midnight Thursday November 1, 2018. All applications and supporting documentation including photo release forms must be received by this date. Late, incomplete, or applications without supporting documentation will not be accepted.
- 3. Supporting documentation for practical exam marks must be submitted for all levels/grades. Co-requisite theory exam marks must be submitted for level/grade 5 through Diploma based on the syllabus of the applicable examination board (Royal Conservatory, Conservatory Canada, or other recognized examining boards).
- 4. All teachers who submit students must be current ARMTA Calgary Branch members.
- 5. Only students of members in good standing of ARMTA Calgary Branch at the time of the examination are eligible to apply for the Honours Recital.

- 6. Teachers will be notified by email on or before Monday November 19. 2018 regarding the placement of their student(s) in either the Honours Recital or the Outstanding Student Recital.
- 7. Students who are chosen to perform in the Honours Recital must have their attendance at the recital confirmed by midnight Friday November 30, 2018. All successful applicants for the Honours Recital will be required to attend the recital to accept their scholarships and medals unless prior arrangements have been made with the Honours Recital Committee (contact: armtahonoursrecital@gmail.com).
- 8. Students who are chosen to perform in the Outstanding Student Recital must have their attendance confirmed by midnight Friday December 7, 2018. All successful applicants for the Outstanding Student Recital will be required to attend the recital to accept their certificate unless prior arrangements have been made with Ron Proctor (contact: ronaldproctor@shaw.ca).
- 9. It is the teacher's responsibility to communicate information about the recitals to their students.
- 10. The decisions of the Honours Recital Committee and the Outstanding Student Recital Coordinator are final. Any complaints must be made in writing and addressed to the President of the Calgary Branch of AR-MTA (contact: <a href="mailto:kiernans@shaw.ca">kiernans@shaw.ca</a> or send via Canada Post to 251 Hawkmere View, Chestermere AB T1X 1T7).
- 11. The ARMTA Code of Ethics applies to all aspects of the Honours Recital, Graduate Ceremony, and the Outstanding Student Recital.

#### **HONOURS RECITAL SCHOLARSHIPS:**

EILEEN AND ELGAR HIGGIN MEMORIAL SCHOLARSHIP – The **Eileen and Elgar Higgin Memorial Scholarship** is awarded to a senior voice student (Level 10/ARCT).

Eileen and Elgar were giants in the musical life of Calgary, and their legacy lives on in the teaching and performing careers of their daughters, Elaine Case and Jennifer Higgin. Starting in the 1930's as soloists at Knox United Church, Eileen and Edgar were often heard in recitals throughout the city. In the late 1950's, Eileen formed the Calgary Theatre Singers in order to give up and coming singers opportunities to perform in operas and musicals – produced to a very high artistic standard. She was also instrumental in the start of the Singing and Opera Division of the Banff School of Fine Arts, where she taught every summer for several years. In 1969, in the last year of his life, Elgar Higgin taught singing for that program. Eileen and Edgar donated trophies and scholarships to the Calgary Kiwanis Festival and were active with the Calgary Musicians' Union, the Alberta Registered Music Teachers' Association, and National Association of Singing. Their students have been heard at the Saddlers' Wells Opera, Dusseldorf Opera, San Francisco Opera, Canadian Opera Company, and Metropolitan Opera. A life sized painting of Elgar Higgin, painted by noted artist H.G. Glyde, hangs in the National Music Centre. Each year the Banff Centre awards a scholarship in honour of Eileen Higgin. Elaine Case has donated the Eileen and Elgar Higgin Memorial Scholarship to ARMTA to honour her parents' devotion to the development of young musical talent.

PIANO DIPLOMA ASSOCIATION SCHOLARSHIP FOR SENIOR PIANO – The **Piano Diploma Association Scholarship for Senior Piano** is awarded to the senior piano student in Level 10 or Diploma level who has earned the highest mark based on both the practical and the theory examination marks.

Criteria for the Piano Diploma Association Scholarship:

- 1. Only those students who have achieved their Diplomas as <u>performers</u> will be considered.
- 2. Level 10 and Diploma level students who have been submitted for scholarship and medal consideration to the ARMTA Honours Recital will be eligible for this scholarship.
- **3**. These students can be studying in either the Royal Conservatory curriculum or the Conservatory Canada curriculum.
- 4. Tabulation of marks the recipient of the scholarship will have the highest aggregate score using the following criteria:
  - a. For an RCM Level 10 candidate the level 10 practical mark, level 10 History, level 10 Harmony
  - b. For an RCM ARCT candidate the ARCT practical exam mark, plus the two highest marks from the three ARCT theory co-requisites submitted by that candidate.
  - c. For a Conservatory Canada Grade 10 candidate the Grade 10 practical exam mark,

Theory 6 and History 6.

d. For a Conservatory Canada ACCM candidate – the ACCM practical exam mark, plus the two highest marks from the four ACCM theory co-requisites submitted by that candidate.

The Piano Diploma Association, formed in 1958, is a group of piano enthusiasts who meet monthly to perform or discuss major classical piano works in an atmosphere of friendly criticism and encouragement. They endeavor, wherever possible, to contribute to the musical life of the community.

PETER TURNER MEMORIAL SCHOLARSHIP- the **Peter Turner Memorial Scholarship** is awarded to the student who has earned the highest mark in the ARCT Performance Examination during the past year.

Peter Turner was a highly regarded teacher of piano for many years in Calgary. His students played at the highest level and were consistently successful not only in local but also national competitions. Peter Turner set a high standard for both his students and for other teachers, and he was also a senior examiner for the Royal Conservatory of Music. Peter passed away in 2008.

HAROLD SAKLOFSKE SCHOLARSHIPS – Harold Saklofske was an instrumental force in the Calgary music scene since the 1940's as a pianist and band leader. His big band was "the" sound used for all the big functions and visiting celebrities right through to the 1990's. Harold always saw the importance of nurturing and inspiring students. With Harold's recent passing in 2016, his family have committed \$500.00 a year for eight more years to be gifted as scholarships to promising young musicians at the annual ARMTA Honours Recital.

There will be two scholarships of \$250.00 each named after **Harold and Frances Saklofske**. Performers in Level 8 through ARCT who have received 85% or higher in any instrument or voice are eligible to apply for these scholarships.

Applicants will apply in writing directly to Brent Saklofske detailing their musical background, why they love music, and what part music will play in their future. A copy of the most recent exam mark along with proof of theory co-requisite completion must be attached to verify eligibility for the scholarships. Application letters and supporting documentation should be sent via email to <a href="mailto:brentsak@shaw.ca">brentsak@shaw.ca</a> with the words "scholarship application" in the subject line.

Please note that Level 10/Diploma students who are selected as winners of the Piano Diploma Association Scholarship will not be eligible to win the Harold Saklofske scholarships.

#### ARMTA CALGARY SCHOLARSHIPS:

The Calgary Branch of the Alberta Registered Music Teachers' Association sponsors the Honours Recital Scholarships and medals for students who have earned the top three practical examination marks (minimum 85%) in each category during the past year. Level/grades 5 through Diploma in each discipline will also need to show documentation of completed theory co-requisites.

#### PRACTICAL:

Piano	Voice
JUNIOR I Level/Grade 1-3	JUNIOR I Level/Grade 1-3
JUNIOR II Level/Grade 4-6	JUNIOR II Level/Grade 4-6
INTERMEDIATE Level/Grade 7-9	INTERMEDIATE Level/Grade 7-9
SENIOR Level/Grade 10 and Diploma	SENIOR Level/Grade 10 and Diploma

Strings	Speech Arts/Other Instruments
Strings	Specen Arts/Other Instrument

INTERMEDIATE Level/Grade 7-9 INTERMEDIATE Level/Grade 7-9

SENIOR Level/Grade 10 and Diploma SENIOR Level/Grade 10 and Diploma

#### THEORETICAL:

Level 9 History Level 9 Harmony

Level 10 History Level 10 Harmony and Counterpoint

ARCT/Diploma History ARCT Harmny and Counterpoint

These ARMTA awards are funded by donations. In 1987, when Robert Hooper was the president of the Calgary Registered Music Teachers', the Endowment Society was created to provide scholarships. ARMTA Calgary Branch continues to maintain investments through the Endowment Society for the purpose of funding scholarships. Each fall, donations are sought from businesses and individuals and received into the Endowment fund.

Donation cheques (made out to ARMTA Calgary) may be sent to: Jackie Law, 91 Edenwold Crescent NW, Calgary AB, T3A 3T6. Please direct questions regarding donations to Jackie at jcklaw518@gmail.com.

Scholarship donors will be acknowledged in the Honours Recital program, and advertising opportunities are available in the program for donations of \$300.00 and higher.

## **News From the Branch**

# Jena Pang Workshop

n August 9, ARMTA Calgary branch and APTA co-sponsored a workshop for teachers and a masterclass for students. Mr. Jena Pang gave insight into preparing students for adjudication - festivals, exams, and competitions. Through his own experience submitting students as well as adjudicating, he gave valuable advice, often laced with humor about all the aspects that go into preparations for entering adjudicated events. After the workshop, five students performed in a masterclass for Mr. Pang and received feedback as well as instruction at the piano. Thank you to Ivea Mark for organizing the workshop.



Jena Pang Workshop: Ivea Mark (left), poses with Jena Pang (right) after the worshop.

# Where words fail, music speaks

- Hans Christian Andersen



## Teacher's Showcase at the Calgary International

#### Children's Festival

International Children's Festival Teachers from the Calgary Branch participated for the first time in a Teacher's showcase at the Calgary International Children's Festival and the event was a great success. Teachers planned interactive hands on activities for visitors to the tent as well as follow up activities for home. A colouring station was set up and information about ARMTA was available to visitors to take away. We would like to thank Alicia Romero, past president of the Calgary Branch for initiating the project, organizing all the logistics and establishing a collaboration with the CICF.



Rosalyn Harms at the CICF.



The Musica Academy Yamaha School at the CICF.



Nicole Sun at the CICF.



The Colouring Station at the CICF.



CICF Volunteer picks the winner of gift certificate donated by Rosalyn Harms.

## **New Members**

We welcome our new members to the branch!

#### **New Member Profile**

Carolyn Steeves



Mrs. Carolyn Steeves, a native of New Brunswick, received a Bachelor of Music and a Bachelor of Education from the University of Western Ontario. She later completed a Masters in Music at the University of Calgary.

Mrs. Steeves maintains a very active Piano Studio in Strathmore. Her students, who range from 5 to adult and from beginner to the ARCT level, have won awards at the

Local, Provincial and National level. She has had students in the Academy Program for Young Artists at the Mount Royal University Conservatory in Calgary. She is a member of the Alberta Piano Teacher's Association, the Alberta Registered Music Teacher's Association and is a Royal Conservatory of Music Certified Teacher.

Mrs. Steeves was awarded a Steinway & Sons Top Teacher Award in 2016 for outstanding instruction and leadership in piano and music education.

Mrs. Steeves is a Founder and the Artistic Director of Strathmore United Church's Concert Series, **Arts in 817**, founded in 2017.

Mrs. Steeves is a Founder and President of the **Strathmore Performing Arts Festival**, founded in 2018.

We welcome Carolyn to the ARMTA Calgary branch!

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Thank You ARMTA Members for your support

# **Honouring ARMTA members**

On behalf of ARMTA the Branch honoured longstanding members and hence their careers with the Milestones Award during our March 2018 Annual General Meeting, and May 2018 General Meeting.

Congratulations again to:

**Trevor Bennet** 

Mila Brandman

**Elaine Case** 

Lai-See Chen

Rosalyn Martin

**Ena Scparberg** 



Rosalyn Martin and Lisa Kiernan



Lisa Kiernan and Elaine Case



Mila Brandman and Lisa Kiernan.



Trevor Benet and Lisa Kiernan.

# Calgary Branch Executive Directory

Executive Officers					
President	Lisa Kiernan				
Past President	Alicia Romero				
Acting Vice-President 1	Alicia Romero				
Vice-President 2	Nicole Sun				
Secretary	Kay Alexander				
Treasurer	Sharon Carne				
Internal Communication: (Treasurer)					
Web Master/Administrator	Lindsay Inkster				
E-mail & Telephone	Barb Robertson				
Impromptu Editor	VACANT				
Impromptu Distribution	Carol S. Moore				
Sponsorship	Jaqueline Law				
Externa	l Communication: (2nd VP)				
Promotions Convener	VACANT				
New Member Convener	Melodie Archer				
Archives	Nathene Arthur				
Education, Students, Social: (1st VP)					
Workshop/Events	VACANT				
Catering	Janet Porter-Chaudry				
Music Marathon	Chrysanthema Pashunkova				
Honours Recital	Ivea Mark				
	Nicole Sun				
Outstanding Student Recital	Ron Proctor				
Student Recitals North	Rita Thurn				
Student Recitals South	Carol S. Moore				
Strings	Chrysanthema Pashunkova				
Delegates and Representatives: (President)					
PPG (Piano Pedagogy Group)	Katrina Thompson Fost, Carrie Kalmykov, Advisors				
	Nicole Sun, President				
Calgary Concerto Competition					
ARMTA Board 1	Melodie Archer				
ARMTA Board 2	Nathene Arthur				
CFMTA delegate	Beth Olver				

Executive members' contact information is available in the members only"area at www. armta-calgary.com

### Take A Stand

A community capacity building initiative by the Calgary Women's Emergency Shelter

he Take a Stand Initiative educates and empowers community members to effectively support victims. Presentations are offered to organizations and groups which help community members to learn how to identify family violence and abuse in all its forms, ways to respond compassionately to victims, and how to connect them to resources. Take a stand helps you learn how to support victims of family violence and abuse. The Calgary Women's Emergency Shelter is focused on ending family violence and abuse in the lives of women, children, youth and men. "Taking a Stand Against Family Violence" in the commu-

nity since 1974, the agency has helped nearly 200,00 Calgarians build safe lives and healthy relationships. Although the Emergency Shelter is the cornerstone of the organization, it is "More than a Shelter", providing a number of innovative safety,

healing, and prevention programs. The Take a Stand initiative also includes a 24-Hour Family Violence Helpline (403) 234-SAFE (7233). (Cont. pg. 19)

24-Hour Family Violence Hotline: (403) 234-SAFE (7233)

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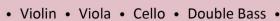
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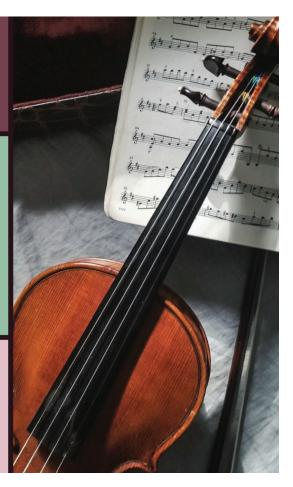


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#### Take a Stand

(Continued from page 18)

At Take a Stand presentations, you can learn about:

- Different Types of Abuse
- How to reckognize, respond and refer
- Barriers that victims face
- *Myths and misconceptions*
- Statistics and research around family violence and abuse.

For more information call (403) 290-1552 Ext. 426, or email takeastand@cwes.ca.





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